

# Thrive – Diabetes Care Program

AdventHealth Diabetes Institute

**What** A voluntary, no-cost benefit program provided by AdventHealth and Florida Hospital Care Advantage (FHCA)\*

**Who** For employees and dependents with diabetes who are covered by FHCA and enrolled in a traditional Preferred Provider Organization (PPO) health plan

**Why** Helps members with diabetes improve their health while lowering their health-care costs

## Benefits You Can Earn

- No copay for up to four physician office visits per year for diabetes management
- No copay for annual dilated eye exam by an ophthalmologist
- Free program services:
  - Education
  - Counseling
  - Help with medication management
- Reduced copay on certain diabetes medicines and select insulin pump supplies (\$10 for 90 days through Rx Plus)

## How To Earn Benefits

- Reach these health visit milestones
  - Complete visits with your diabetes-care physician (Quarterly or Biannually)
  - Complete blood pressure and weight measurements
  - Complete lab work to track progress (Quarterly or Biannually)
  - Annual diabetes eye exam
  - Annual comprehensive foot exam
  - Annual education (as assigned)
- Select from the following lifestyle health-support options (number of choices offered will be based on A1c level):
  - Behavioral health consult
  - Health coaching call
  - Exercise consult (with body composition measurements)
  - Nutrition consult
  - Lifestyle Group Classes
- Meet individualized A1c goals every six months for prescription benefits.

**Call 407-303-2720 for an information and enrollment packet.**

*\*This flyer provides limited details of program requirements and benefits. Please refer to the FHCA Benefit Manual for full program details. Members enrolled in High Deductible Health Plan Option are not eligible.*



## Savings with Thrive - Diabetes Care Program

BENEFIT	NOT IN PROGRAM	IN PROGRAM**	POTENTIAL SAVINGS**
Physician Visit (two-to-four times per year*)	\$25-\$50 Copay quarterly	No copay	Up to \$200
Annual Eye Exam by Ophthalmologist*	\$50 Copay once per year	No copay	\$50
<b>Medication Examples:</b>			
Insulin (Long-acting)	20% up to \$150 per year	\$10 for a 90-day supply	Up to \$560
Insulin (Fast-acting)	20% up to \$150 per year	\$10 for a 90-day supply	Up to \$560
Brand Name Diabetes Medicines	20% up to \$150 per year	\$10 for a 90-day supply	Up to \$560
Injectable Diabetes Medicines	20% up to \$150 per year	\$10 for a 90-day supply	Up to \$560
<b>Total for Eye Exam, Physician, Service and Medicines</b>	<b>Up to \$2,650</b>	<b>\$160</b>	<b>Up to \$2,490</b>

\*In-network, tier-1 provider

\*\*Numbers provided are examples only.

Individual savings may vary.

AdventHealth is recognized by *U.S. News & World Report* as one of America's best hospitals for diabetes and endocrinology.



**AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.