



Weight Loss that Works.  
Wellness that Works.

# Take Control Of Your Health With WW For Diabetes

WW's science-backed program is proven to help people improve blood sugar and lose weight.\*

## Start your wellness journey today!

Sign up for WW at [WW.com/us/AdventHealth](https://www.ww.com/us/AdventHealth)

## Get the tools you need to take charge of your health

- ✓ **Award-winning app** with tools like food tracking and on-demand workouts.
- ✓ **Access to Workshops**, where you can meet others who share your goals.
- ✓ **Around-the-clock guidance** from Coaches via 24/7 live chat in the WW app.
- ✓ **And more!**